VENTURA COUNTY
HEALTH CARE PLAN

Prior Authorization DRUG Guidelines

VARUBI (Rolapitant)

Effective Date:4/23/19

Date Developed: 2/26/19 by R. Sterling

Date Approved by P&T Committee: 4/23/19

Last Approval Date: 2/18/20

Varubi is used alone or in combination with other agents to prevent delayed nausea and vomiting associated with emetogenic chemotherapy by selectively and competitively inhibiting the substance P/neurokinin 1 (NK1) receptor.

Pre-Authorization Criteria:

VCHCP will approve Varubi as an **oral** agent when used at home prior to chemotherapy on day 1 only.
VCHCP will also approve **oral** use of Varubi two hours prior to the administration of moderately emetogenic chemotherapy, such as cisplatin/anthracycline/cyclophosphamide.
VCHCP will discourage the use of the **IV** form due to reports of serious and potentially life-threatening anaphylactic reactions.
Prior to use of either form of Varubi, VCHCP will require documentation of a significant failure of alternative medications (see below) and/or a compelling reason submitted by the requesting physician to use Varubi as a primary therapeutic agent.

Dose: 180 mg as a single dose (2 of 90mg tablets). The Drug Quantity limit is 2 tablets.

How supplied: Tablets: 90 mg; Emulsion for IV use: 166.5 mg/92.5 ml

Caution: The mean half-life of Varubi is approximately seven days. It is not to be used at less than two-week intervals. Life-threating anaphylactic reactions have been reported when used intravenously. Varubi is a moderate CYP2D6 inhibitor (avoid in combination with thioridazine and pimozide).

Other therapeutics agents: ondansetron, metoclopramide; dexamethasone; olanzepine; promethazine; prochlorperazine; benzodiazepines; alternative medicines (cannabinoids e.g. dronabinol/Marinol; ginger; acupuncture)

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Varubi is to be prescribed to be used 2 hours prior to administration of moderately emetogenic chemotherapy, which includes cisplatin/anthracycline/cyclophosphamide.
The oral form of Varubi is to be prescribed, to be taken at home prior to chemotherapy on day 1 only.
The dosing is 180 mg as a single dose (2 of 90mg tablets). The Drug Quantity Limit for po Varubi is 2.

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The IV form of Varubi is to be prescribed only if the oral drug cannot be given or is not tolerated. This is also to be given 2 hours prior to chemotherapy on day 1 only, infused over 30 minutes.
VCHCP requires that Varubi be prescribed by a physician specializing in oncology.

Dosing Forms:
Tablet: 90 mg
Emulsion, IV: 166.5mg/92.5ml

Warning: Do not use Varubi at less than 2-week intervals.

Revision History:

Date Approved by P&T Committee: 4/23/19; QAC: 05/28/19
Date Reviewed/No Updates: 2/18/20 by H. Taekman, MD; R. Sterling, MD
Date Approved by P&T Committee: 2/18/20

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
2/26/19	No	Robert Sterling, MD	Created
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