

## **Medical Policy: Balloon Dilatation of Sinuses (SOD)**

Effective Date: 11/14/19 Created by: Dr. Howard Taekman Reviewed/No Updates: 02/13/20 Reviewed/Updated:

# **Balloon Dilatation of Sinuses (SOD) Medical Policy**

# **Policy**

VCHCP covers Balloon Dilatation of Sinuses (SOD) in the circumstances outlined below.

#### **Indications:**

- <u>Target Population:</u> For patients aged 18 and over who have clinical evidence of chronic recurring bouts of rhinosinusitis, with or without nasal polyps <u>and</u> a CT evidence of sinusitis
- <u>Procedure:</u> Endoscopic Use of a special balloon device to enlarge or open the outflow tracts of the maxillary, frontal or sphenoid sinuses, and it may be used as a stand-alone procedure or with endoscopic surgery.
- <u>Anesthesia</u>: Maybe done under a variety of anesthesia include local, monitored anesthesia care (MAC) or general.

A. Attachments: None

## **B.** History:

Created by: Howard Taekman, MD

Committee Review: UM: November 14, 2019; QAC: November 26, 2019 Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 13, 2020; QAC: February 25, 2020

| Revision<br>Date | Content<br>Revised<br>(Yes/No) | Contributors                            | Review/Revision<br>Notes |
|------------------|--------------------------------|---|--------------------------|
| 11/14/19         | No                             | Howard Taekman, MD and Robert Sterling, | New                      |
|                  |                                | MD                                      |                          |
| 02/13/20         | No                             | Howard Taekman, MD and Robert Sterling, | Annual Review            |
|                  |                                | MD                                      |                          |