

Medical Policy: Ambulance and Medical Transport

[Policy Number] Effective July 9, 2002 Revised February 2005 Revised November 1, 2011; 2/16/12 Reviewed/No updates: 01/28/13; 02/13/14; 02/12/15; 02/11/16; 02/09/17; 02/08/18, 02/14/19, 2/13/20

AMBULANCE AND MEDICAL TRANSPORT

Policy

Ground Ambulance:

VCHCP covers ground ambulance transport in the following circumstances, subject to co-payments for certain Benefit Plans:

- To transport a person from the place where he/she is suddenly stricken by a disease or injury to the first hospital emergency room or hospital where treatment will be given. When patient circumstances permit, patient may be transported to a contracted hospital.
- To transport a patient from one hospital to another nearby hospital when the first hospital does not have the required services and/or facilities to treat the patient, when ordered by the Plan.
- To transport a patient from hospital to home, skilled nursing facility or nursing home when the patient cannot be safely or adequately transported in another way without endangering the individual's health, whether or not such other transportation is actually available
- To transport a patient from home to hospital for medically necessary inpatient or outpatient treatment when a medical transport is required to safely and adequately transport the patient

Note: As a general rule, ground ambulance is covered only for transfer to the nearest facility (i.e., a hospital, a skilled nursing facility, a nursing home) which would ordinarily be expected to have the appropriate facilities for the treatment of the injury or illness involved. Coverage to the patient's home requires prior Plan approval, and the home must be within the service area of the Plan. **Coverage of ground transportation requires prior Plan approval except in life threatening emergencies or when transportation follows a paramedic response to 911 call.**

When transport is medically necessary, the Plan will provide the lowest level of transport appropriate for the condition of the member.



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Air and Water Ambulance:

VCHCP covers air and water ambulance transport in the following circumstances, subject to co-payments for certain Benefit Plans:

- Patient requires transport to a hospital or from one hospital to another because the first hospital does not have the required services and/or facilities to treat the patient; and
- Ground ambulance transportation is not medically appropriate because of the distance involved, or because the patient has an unstable condition requiring medical supervision and rapid transport

Note: Except in life threatening emergencies, coverage of Air and Water ambulance transport requires prior Plan approval.

Non- Emergency Medical Transport:

VCHCP covers non-emergency medical stretcher and wheelchair van transportation to and from medical facilities, private residences, nursing homes and retirement centers.

This transportation is provided by the Plan when deemed medically necessary and transportation cannot be safely provided by private means.

PROCEDURE:

Treatment Authorization Request (TAR) and retro TAR for ambulance transport will be submitted to the UR Department for review by the UR physician or Medical Director.

- A. References:
- 1. HCFA's Med-Manual, §3114. Ambulance Service.
- 2. Straumann E, Yoon S, Naegeli B, Frielingsdorf J, et al. Hospital transfer for primary coronary angioplasty in high risk patients with acute myocardial infarction. Heart 1999 Oct;82(4):415-9.
- 3. Witzel K, Hoppe H, Raschka C. The influence of the mode of emergency ambulance transportation on the emergency patient's outcome. Eur J Emerg Med 1999 Jun;6(2):115-8.
- 4. Kost S, Arruda J. Appropriateness of ambulance transportation to a suburban pediatric emergency department. Prehosp Emerg Care 1999 Jul-Sep;3(3):187-90.



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- 5. Emergency ambulance destination. EMS Committee, American College of Emergency Physicians. Ann Emerg Med 1999 Jul;34(1):128.
- 6. Ambulance Diversion. EMS Committee, American College of Emergency Physicians. Ann Emerg Med 1999 Jul;34(1):127.
- 7. Garza MA. Medicare tightens rules for ambulance reimbursement. J Emerg Med Serv JEMS 1999 Apr;24(4):16-7.
- 8. HCFA updates, clarifies ambulance coverage requirements. Natl Rep Subacute Care 1999 Feb 10;7(3):1-2.
- 9. Department of Transportation (DOT) National Highway Traffic Safety Administration and the American Medical Association Commission on Emergency Medical Services air ambulance guidelines. Emerg Med Serv 1990 Dec;19(12):220.
- 10. Brazier H, Murphy AW, Lynch C, Bury G. Searching for the evidence in prehospital care: a review of randomised controlled trials. On behalf of the Ambulance Response Time Sub-Group of the National Ambulance Advisory Committee. J Accid Emerg Med 1999 Jan;16(1):18-23.
- 11. Little GF, Barton D. Inappropriate use of the ambulance service. Eur J Emerg Med 1998 Sep;5(3):307-11.
- 12. Palazzo FF, Warner OJ, Harron M, Sadana A. Misuse of the London ambulance service: How much and why? J Accid Emerg Med 1998 Nov;15(6):368-70.
- 13. Arfken CL, Shapiro MJ, Bessey PQ, Littenberg B. Effectiveness of helicopter versus ground ambulance services for interfacility transport. J Trauma 1998 Oct;45(4):785-90.

Guidelines for pediatric equipment and supplies for basic and advanced life support ambulances. Committee on Ambulance Equipment and Supplies, National Emergency Medical Services for Children Resource Alliance. Prehosp Emerg Care 1997 Oct-Dec;1(4):286-7.

- B. Attachments: None
- C. Reviewers: Sylvana Guidotti, MD, Richard Ashby, MD, QA Committee 07/02



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D. History:

Reviewed/Revised: Sheldon Haas, MD & David Chernof MD on 02/08/05 Committee Review: QAC: February 22, 2005 Reviewed/Revised: Albert Reeves, MD on 11/01/11 Committee Review: UM: November 10, 2011; QAC: November 22, 2011 Reviewed/Revised: Albert Reeves, MD on 02/16/12 Committee Review: UM: May 10, 2012; QAC: May 22, 2012 Reviewed/No Updates by: Albert Reeves, MD on 01/28/13 Committee Review: UM: February 14, 2013; OAC: February 26, 2013 Reviewed/No Updates by: Linda Baker. RN & Catherine Sanders, MD Committee Review: UM: February 13, 2014; QAC: February 25, 2014 Reviewed/No Updates by: Faustine Dela Cruz, RN & Catherine Sanders, MD Committee Review: UM: February 12, 2015; QAC: February 24, 2015 Reviewed/No Updates by: Faustine Dela Cruz, RN & Catherine Sanders, MD Committee Review: UM: February 11, 2016; QAC: February 23, 2016 Reviewed/No Updates by: Catherine Sanders, MD & Robert Sterling, MD Committee Review: UM: February 09, 2017; QAC: February 28, 2017 Reviewed/No Updates by: Catherine Sanders, MD & Robert Sterling, MD Committee Review: UM: February 08, 2018; QAC: February 27, 2018 Reviewed/No Updates by: Catherine Sanders, MD & Robert Sterling, MD Committee Review: UM: February 14, 2019; OAC: February 26, 2019 Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 13, 2020; QAC: February 25, 2020

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
2/9/17	No	Catherine Sanders, MD;	Annual Review
		Robert Sterling, MD	
2/8/18	No	Catherine Sanders, MD;	Annual Review
		Robert Sterling, MD	
2/14/19	No	Catherine Sanders, MD;	Annual Review
		Robert Sterling, MD	
2/13/20	No	Howard Taekman, MD and	Annual Review
		Robert Sterling, MD	