

List of Diagnostic Studies and Prior Authorization Requirements

Please refer to the following list when processing requests for physician recommended studies.

COMMON STUDIES		LESS COMMON STUDIES		**NON-ROUTINE STUDIES	
<i>Prior Auth required at :</i>		<i>Prior Auth required at :</i>		<i>Prior Auth required at :</i>	
VCHCA Facilities/VCMC	No	VCHCA Facilities/VCMC	No	VCHCA Facilities/VCMC	Yes
Contracted Facilities	No	Contracted Facilities	Yes	Contracted Facilities	Yes
2D Echo (Requested by Cardiology)		2D Echo		Amniocentesis	
Barium Enema		Arterial Doppler		Bone Scan	
Colonoscopy Screening and Diagnostic		Bronchoscopy		CT Angiography	
CT Scan (Cat Scan)		Carotid Duplex Doppler		Dexa Scan	
*EKG/ECG - Electrocardiogram		EEG (Electroencephalogram)		Event Monitor	
Endoscopy, Esophagogastro Duodenoscopy (EGD)				MRI / MRA / MRV	
Fetal Non Stress Test		IVP (Intravenous Pyelogram)		Myelogram	
Holter Monitor		Stress Test			
Labs		VCUG – Voiding Cystourethrogram		Nuclear Medicine	
Mammogram Screening and Diagnostic				Pet Scan	
Pulmonary Function Test				PCI (Heart Cath)	
Sigmoidoscopy				Tagged White/Red Cell Scan	
Stress Test (Requested by Cardiology)				VQ Scan (Ventilation/Perfusion)	
Ultrasound/Sonogram, Includes OB Ultrasound and Nuchal Translucency – Includes VCMC Affiliates (Exception: Prior authorization is required if services will be performed by Perinatologist other than VCMC Affiliates)				Zio Patch	
Upper GI					
X-Rays, Plain Films					

*Requires Prior Auth if not emergent/urgent from PCP

**Not an inclusive list

This is also located in our VCHCP Provider website:

<http://www.vchealthcareplan.org/providers/docs/PriorAuthorizationGuidelines.pdf>

Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD

- Committee Review:
 - UMC: February 9, 2017; QAC: February 28, 2017

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- Committee Review:
 - UMC: February 8, 2018; QAC: February 27, 2018

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- Committee Review:
 - UMC: May 10, 2018; QAC: May 29, 2018

Reviewed/No Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD

- Committee Review:
 - UMC: February 14, 2019; QAC: February 26, 2019

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
2/9/17	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review; diagnostic mammogram and colonoscopy, sigmoidoscopy and CT scan changed to no authorization required
2/8/18	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review; added VCMC Affiliates – who can perform OB ultrasound/sonogram and nuchal translucency, without prior authorization.
5/10/18	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Removed prior authorization of Holter monitor from non VCMC contracted providers. Added Zio Patch to the non-routine studies that always require PA.
2/14/19	No	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review