

Guidelines

Effective Date: 5/28/2013

Revised/Reviewed: 2/2016, 2/2017,

2/2018, 2/2019

# **Preventive Clinical Practice Guidelines**

#### Perinatal Care:

The VCHCP has adopted the clinical practice guidelines recommended and published by the Institute for Clinical Systems Improvement (ICSI). Guidelines are available at <a href="www.icsi.org/asset/13n9y4/prenatal-interactive0812.pdf">www.icsi.org/asset/13n9y4/prenatal-interactive0812.pdf</a>

#### Children birth – 24 months:

The VCHCP has adopted immunizations recommended by the Advisory Committee on Immunization Practices (ACIP) of the CDC. Guidelines are available at <a href="https://www.cdc.gov/vaccines/acip/index.html">www.cdc.gov/vaccines/acip/index.html</a>

The VCHCP has adopted the guidelines of the U.S. Preventive Services Task Force (USPSTF) which apply to newborns. Guidelines are available at

http://www.uspreventiveservicestaskforce.org/BrowseRec/Index

#### They include:

- 1. Hearing loss screening in newborns
- 2. Hemoglobinopathies screening in newborns
- 3. Hypothyroidism screening in newborns
- 4. Phenylketonuria screening in newborns
- 5. Gonorrhea prophylactic medication in newborns
- 6. Sickle Cell Disease in newborns

#### Children 2 to 19 years old:

The VCHCP has adopted immunizations recommended by the ACIP of the CDC. Guidelines are available at <a href="https://www.cdc.gov/vaccines/acip/index.html">www.cdc.gov/vaccines/acip/index.html</a>

The VCHCP has adopted the guidelines of the USPSTF which apply to children ages 2 to 19 years old. Guidelines are available at <a href="http://www.uspreventiveservicestaskforce.org/BrowseRec/Index">http://www.uspreventiveservicestaskforce.org/BrowseRec/Index</a> They include:

- 1. Dental caries prevention in preschool children
- 2. Depression screening in adolescents (12-18 years)
- 3. Obesity screening and counseling in children 6 years and older
- 4. Sexually transmitted infections counseling for adolescents
- 5. Skin cancer behavioral counseling for children and adolescents



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6. Visual acuity screening in children between the ages of 3 and 5 years

### Adults ages 20-64:

The VCHCP has adopted immunizations recommended by the Advisory Committee on Immunization Practices of the CDC for adults ages 20-64. Guidelines are available at www.cdc.gov/vaccines/acip/index.html

The VCHCP has adopted the guidelines of the USPSTF which apply to adults ages 20 to 64 years old. Guidelines are available at <a href="http://www.uspreventiveservicestaskforce.org/BrowseRec/Index">http://www.uspreventiveservicestaskforce.org/BrowseRec/Index</a> They include:

- 1. Alcohol misuse counseling
- 2. Aspirin to prevent cardiovascular disease in men 45 and older
- 3. Aspirin to prevent cardiovascular disease in women 55 and older
- 4. Blood pressure screening in adults
- 5. BRCA screening and counseling in qualified women
- 6. Breast cancer preventive medication for qualified women
- 7. Breast cancer screening in women 40 years and older
- 8. Cervical cancer screening in women ages 21 to 65
- 9. Chlamydial infection screening in non-pregnant women in appropriate women
- 10. Cholesterol abnormalities screening in men 35 and older
- 11. Cholesterol abnormalities screening in men younger than 35 when at increased risk
- 12. Cholesterol abnormalities screening in women 45 and older
- 13. Cholesterol abnormalities screening in women younger than 45 when at increased risk
- 14. Colorectal cancer screening in adults 50 and older
- 15. Depression screening in adults
- 16. Diabetic screening in adults
- 17. Gonorrhea screening in appropriate women
- 18. Healthy diet counseling in appropriate adults
- 19. HIV screening of adults at increased risk
- 20. Intimate partner violence screening for women of childbearing age
- 21. Low Dose Computed Tomography for lung cancer screening
- 22. Obesity screening and counseling of adults
- 23. Sexually transmitted infection counseling of adults at increased risk
- 24. Tobacco use counseling and interventions for non-pregnant persons



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25. Tobacco use counseling of pregnant women

26. Syphilis screening of non-pregnant persons at increased risk

27. Syphilis screening of pregnant women

## Adults 65 years and Older:

The VCHCP has adopted immunizations recommended by the ACIP of the CDC for adults ages 65 years and older. Guidelines are available at <a href="https://www.cdc.gov/vaccines/acip/index.html">www.cdc.gov/vaccines/acip/index.html</a>

The VCHCP has adopted the guidelines of the USPSTF which apply to adults ages 65 years and older. Guidelines are available at <a href="http://www.uspreventiveservicestaskforce.org/BrowseRec/Index">http://www.uspreventiveservicestaskforce.org/BrowseRec/Index</a> They include:

1. Abdominal aortic aneurysm screening in men

2. Falls prevention in older adults who are at risk for falls

3. Falls prevention in older adults at increased risk – vitamin D

4. Osteoporosis screening in women

A. Attachment: None

B. Revision History: Author/Reviewer: Albert Reeves, MD; Date: May 2013

Committee Review & Approval: UM on 05/9/13 & QA on 05/28/13 Reviewed/With Changes:

Catherine Sanders, MD

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